



Community Senior Adult Health and Resource Fair

March 8 | Noon - 3 pm | All are welcome!

MORE THAN 50 EXHIBITORS!

Hearing mobile
Free amplified phones to
qualified Florida residents

Invaluable information
& resources

Free health & wellness screenings,
including blood pressure,
blood sugar, and BMI

Free chair massages
& door prizes

IN ADDITION - JOIN US AT 10:00 AM

You are also invited to begin the day at 10 am at
our Spirit of Service meeting in Room A.

The presentation will be by Mari Adams MSN-ED., BSN, RN, CHPN Clinical Nurse Educator at Cornerstone Hospice, a Chapters Health affiliate. She will speak on "When is it Time for Hospice? Disease Specific Indicators Will Paint the Picture". There is much confusion about what hospice and palliative care really are and when is the appropriate time to call. This presentation will help clear up some of those misconceptions.

There is an optional lunch at 11:30 am for \$12 per person. (RSVP to 863-686-7187 or oam@fpclakeland.org by March 3 for lunch.) Reservations are only needed for the lunch, not the program or Health & Resource Fair.



FIRST
PRESBYTERIAN
CHURCH



175 Lake Hollingsworth Dr. Lakeland, 33801 | fpclakeland.org